### Part 8

If you're dealing with temptation, depression, oppression (your feelings and emotions are being robbed of you), etc., it can be difficult to know what to pray. Reading through Psalms works if you're fighting a demon of pornography, battling depression, etc., or you just don't know what to say when you're praying.

Starting on Psalm 106, below are specific scriptures taken from Psalms that directly relate to fighting ALL demonic spirits.

You can do this yourself while reading through the whole book of Psalms, just like I did when I listed the scriptures below, just skip the ones that don't pertain to your personal prayers.

When you say these scriptures, don't just say them, "pray" them.

If you start reading (praying) and you feel like you don't want to continue, **PUSH** through it.

Refer to foe, man, wicked, people, and enemy as demons.

Start out by saying "Jesus, I repent of all of my sins. Please help me with my prayers. Thank you."

- <sup>1</sup>Praise the Lord. Give thanks to the Lord, for he is good; his love endures forever.
- <sup>2</sup>Who can proclaim the mighty acts of the Lord or fully declare his praise?
- <sup>3</sup>Blessed are they who maintain justice, who constantly do what is right.
- <sup>4</sup>Remember me, O Lord, when you show favor to your people, come to my aid when you save them,
- <sup>5</sup>that I may enjoy the prosperity of your chosen ones.
- <sup>6</sup>We have sinned, even as our fathers did; we have done wrong and acted wickedly.
- <sup>7</sup>When our fathers were in Egypt, they gave no thought to your miracles; they did not remember your many kindnesses, and they rebelled by the sea, the Red Sea.
- <sup>8</sup>Yet he saved them for his name's sake, to make his mighty power known.
- <sup>9</sup>He rebuked the Red Sea, and it dried up; he led them through the depths as through a desert.
- <sup>10</sup>He saved them from the hand of the foe; from the hand of the enemy he redeemed them.
- <sup>11</sup>The waters covered their adversaries; not one of them survived.
- <sup>12</sup>Then they believed his promises and sang his praise.
- <sup>13</sup>But they soon forgot what he had done and did not wait for his counsel.
- <sup>14</sup>In the desert they gave in to their craving; in the wasteland they put God to the test.
- $^{15}$ So he gave them what they asked for, but sent a wasting disease upon them.
- <sup>16</sup>In the camp they grew envious of Moses and of Aaron, who was consecrated to the Lord.
- <sup>17</sup>The earth opened up and swallowed Dathan; it buried the company of Abiram.
- <sup>18</sup>Fire blazed among their followers; a flame consumed the wicked.
- <sup>19</sup>At Horeb they made a calf and worshiped an idol cast from metal.
- $^{\rm 20} They$  exchanged their Glory for an image of a bull, which eats grass.
- $^{21}$ They forgot the God who saved them, who had done great things in Egypt,
- $^{\rm 22} miracles$  in the land of Ham and awe some deeds by the Red Sea.
- <sup>23</sup>So he said he would destroy them had not Moses, his chosen one, stood in the breach before him to keep his wrath from destroying them.
- <sup>24</sup>Then they despised the pleasant land; they did not believe his promise.
- <sup>25</sup>They grumbled in their tents and did not obey the Lord.

- <sup>26</sup>So he swore to them with uplifted hand that he would make them fall in the desert,
- <sup>27</sup>make their descendants fall among the nations and scatter them throughout the lands.
- <sup>28</sup>They yoked themselves to the Baal of Peor and ate sacrifices offered to lifeless gods;
- <sup>29</sup>they provoked the Lord to anger by their wicked deeds, and a plague broke out among them.
- <sup>30</sup>But Phinehas stood up and intervened, and the plague was checked.
- <sup>31</sup>This was credited to him as righteousness for endless generations to come.
- <sup>32</sup>By the waters of Meribah they angered the Lord, and trouble came to Moses because of them;
- <sup>33</sup>for they rebelled against the Spirit of God, and rash words came from Moses' lips.
- <sup>34</sup>They did not destroy the peoples as the Lord had commanded them,
- <sup>35</sup>but they mingled with the nations and adopted their customs.
- <sup>36</sup>They worshiped their idols, which became a snare to them.
- <sup>37</sup>They sacrificed their sons and their daughters to demons.
- <sup>38</sup>They shed innocent blood, the blood of their sons and daughters, whom they sacrificed to the idols of Canaan, and the land was desecrated by their blood.
- <sup>39</sup>They defiled themselves by what they did, by their deeds they prostituted themselves.
- <sup>40</sup>Therefore the Lord was angry with his people and abhorred his inheritance.
- <sup>41</sup>He handed them over to the nations, and their foes ruled over them.
- $^{42}$ Their enemies oppressed them and subjected them to their power.
- $^{43}$ Many times he delivered them, but they were bent on rebellion and they wasted away in their sin.
- <sup>44</sup>But he took note of their distress when he heard their cry;
- <sup>45</sup>for their sake he remembered his covenant and out of his great love he relented.
- <sup>46</sup>He caused them to be pitied by all who held them captive.
- <sup>47</sup>Save us, O Lord our God, and gather us from the nations, that we may give thanks to your holy name and glory in your praise.
- <sup>48</sup>Praise be to the Lord, the God of Israel from everlasting to everlasting. Let all the people say, "Amen!" Praise the Lord.

- <sup>1</sup>Give thanks to the Lord, for he is good; his love endures forever.
- <sup>2</sup>Let the redeemed of the Lord say this those he redeemed from the hand of the foe,
- <sup>3</sup>those he gathered from the lands, from east and west, from north and south.
- <sup>4</sup>Some wandered in desert wastelands, finding no way to a city where they could settle.
- <sup>5</sup>They were hungry and thirsty, and their lives ebbed away.
- <sup>6</sup>Then they cried out to the Lord in their trouble, and he delivered them from their distress.
- <sup>7</sup>He led them by a straight way to a city where they could settle.
- <sup>8</sup>Let them give thanks to the Lord for his unfailing love and his wonderful deeds for men,
- <sup>9</sup>for he satisfies the thirsty and fills the hungry with good things.
- <sup>10</sup>Some sat in darkness and the deepest gloom, prisoners suffering in iron chains,
- <sup>11</sup>for they had rebelled against the words of God and despised the council of the Most High.
- <sup>12</sup>So he subjected them to bitter labor; they stumbled, and there was no one to help.
- <sup>13</sup>Then they cried to the Lord in their trouble, and he saved them from their distress.
- <sup>14</sup>He brought them out of darkness and the deepest gloom and broke away their chains.
- <sup>15</sup>Let them give thanks to the Lord for his unfailing love and his wonderful deeds for men,
- <sup>16</sup>for he breaks down gates of bronze and cuts through bars of iron.
- <sup>17</sup>Some became fools through their rebellious ways and suffered affliction because of their iniquities.
- <sup>18</sup>They loathed all food and drew near the gates of death.
- <sup>19</sup>Then they cried to the Lord in their trouble, and he saved them from their distress.
- <sup>20</sup>He sent forth his word and healed them; he rescued them from the grave.
- <sup>21</sup>Let them give thanks to the Lord for his unfailing love and his wonderful deeds for men.
- <sup>22</sup>Let them sacrifice thank offerings and tell of his works with songs of joy.
- <sup>23</sup>Others went out on the sea in ships; they were merchants on the mighty waters.
- <sup>24</sup>They saw the works of the Lord, his wonderful deeds in the deep.

- <sup>25</sup>For he spoke and stirred up a tempest that lifted high the waves.
- <sup>26</sup>They mounted up to the heavens and went down to the depths; in their peril their courage melted away.
- <sup>27</sup>They reeled and staggered like drunken men; they were at their wits' end.
- <sup>28</sup>Then they cried out to the Lord in their trouble, and he brought them out of their distress.
- <sup>29</sup>He stilled the storm to a whisper; the waves of the sea were hushed.
- <sup>30</sup>They were glad when it grew calm, and he guided them to their desired haven.
- <sup>31</sup>Let them give thanks to the Lord for his unfailing love and his wonderful deeds for men.
- <sup>32</sup>Let them exalt him in the assembly of the people and praise him in the council of the elders.
- <sup>33</sup>He turned rivers into a desert, flowing springs into thirsty ground,
- <sup>34</sup>and fruitful land into a salt waste, because of the wickedness of those who lived there.
- <sup>35</sup>He turned the desert into pools of water and the parched ground into flowing springs;
- <sup>36</sup>there he brought the hungry to live, and they founded a city where they could settle.
- <sup>37</sup>They sowed fields and planted vineyards that yielded a fruitful harvest;
- <sup>38</sup>he blessed them, and their numbers greatly increased, and he did not let their herds diminish.
- <sup>39</sup>Then their numbers decreased, and they were humbled by oppression, calamity and sorrow;
- <sup>40</sup>he who pours contempt on nobles made them wander in a trackless waste.
- <sup>41</sup>But he lifted the needy out of their affliction and increased their families like flocks.
- <sup>42</sup>The upright see and rejoice, but all the wicked shut their mouths.
- $^{43}$ Whoever is wise, let him heed these things and consider the great love of the Lord.

- $^1\mbox{My}$  heart is steadfast, O God; I will sing and make music with all my soul.
- <sup>2</sup>Awake, harp and lyre! I will awaken the dawn.
- <sup>3</sup>I will praise you, O Lord, among the nations; I will sing of you among the peoples.
- <sup>4</sup>For great is your love, higher than the heavens; your faithfulness reaches to the skies.
- <sup>5</sup>Be exalted, O God, above the heavens; and let your glory be over all the earth.

- <sup>6</sup>Save us and help us with your right hand, that those you love may be delivered.
- <sup>12</sup>Give us aid against the enemy, for the help of man is worthless.
- <sup>13</sup>With God we will gain the victory, and he will trample down our enemies.

#### **Psalm 109**

- <sup>1</sup>O God, whom I praise, do not remain silent,
- <sup>2</sup>for wicked and deceitful men have opened their mouths against me; they have spoken against me with lying tongues.
- <sup>3</sup>With words of hatred they surround me; they attack me without cause.
- <sup>15</sup>May their sins always remain before the Lord, that he may cut off the memory of them from the earth.
- <sup>17</sup>He loved to pronounce a curse may it come on him.
- <sup>18</sup>He wore cursing as his garment; it entered into his body like water, into his bones like oil.
- <sup>19</sup>May it be like a cloak wrapped about him, like a belt tied forever around him.
- <sup>20</sup>May this be the Lord's payment to my accusers, to those who speak evil of me.
- <sup>21</sup>But you, O Sovereign Lord, deal well with me for your name's sake; out of the goodness of your love, deliver me.
- <sup>22</sup>For I am poor and needy, and my heart is wounded within me.
- <sup>23</sup>I fade away like an evening shadow; I am shaken off like a locust.
- <sup>24</sup>My knees give way from fasting; my body is thin and gaunt.
- <sup>26</sup>Help me, O Lord my God; save me in accordance with your love.
- <sup>27</sup>Let them know that it is your hand, that you, O Lord, have done it.
- <sup>28</sup>They may curse, but you will bless [me]; when they attack they will be put to shame, but your servant will rejoice.
- <sup>29</sup>My accusers will be clothed with disgrace and wrapped in shame as in a cloak.
- <sup>30</sup>With my mouth I will greatly extol the Lord; in the great throng I will praise him.
- <sup>31</sup>For he stands at the right hand of the needy one, to save his life from those who condemn him.

- <sup>1</sup>Praise the Lord. I will extol the Lord with all my heart in the council of the upright and in the assembly.
- <sup>2</sup>Great are the works of the Lord; they are pondered by all who delight in them.
- <sup>3</sup>Glorious and majestic are his deeds, and his righteousness endures forever.

<sup>4</sup>He has caused his wonders to be remembered; the Lord is gracious and compassionate.

<sup>5</sup>He provides food for those who fear him; he remembers his covenant forever.

<sup>6</sup>He has shown his people the power of his works, giving them the lands of other nations.

<sup>7</sup>The works of his hands are faithful and just; all his precepts are trustworthy.

<sup>8</sup>They are steadfast for ever and ever, done in faithfulness and uprightness.

<sup>9</sup>He provided redemption for his people; he ordained his covenant forever — holy and awesome is his name.

<sup>10</sup>The fear of the Lord is the beginning of wisdom; all who follow his precepts have good understanding. To him belongs eternal praise.

# **Psalm 112**

<sup>1</sup>Praise the Lord. Blessed is the man who fears the Lord, who finds great delight in his commands.

<sup>2</sup>His children will be mighty in the land; the generation of the upright will be blessed.

<sup>3</sup>Wealth and riches are in his house, and his righteousness endures forever.

<sup>4</sup>Even in darkness light dawns for the upright, for the gracious and compassionate and righteous man.

<sup>5</sup>Good will come to him who is generous and lends freely, who conducts his affairs with justice.

<sup>6</sup>Surely he will never be shaken; a righteous man will be remembered forever.

<sup>7</sup>He will have no fear of bad news; his heart is steadfast, trusting in the Lord.

<sup>8</sup>His heart is secure, he will have no fear; in the end he will look in triumph on his foes.

<sup>9</sup>He has scattered abroad his gifts to the poor, his righteousness endures forever; his horn will be lifted high in honor.

<sup>10</sup>The wicked man will see and be vexed, he will gnash his teeth and waste away; the longings of the wicked will come to nothing.